The 150th issue of the Vida Ascendente España electronic bulletin

A project as exciting as the digital bulletin of our movement "**ON THE WAY**" that week after week offers us various topics and informs us of our daily activities arrives this week at number 150!

There have been weeks when we had to rush to not delay important news or monographs; sometimes the information was so numerous thanks to the various submissions that you send us by email to the address "**boletín@vidaascendente.es**", that we had the impression that making the model was endless and sometimes the technology also played nasty tricks on us.

On the Movement's website you will be able to reread all the bulletins, and above all we want to say a big thank you, to each and every one of you, for everything you bring us.

Without you this would not be possible, without you it would make no sense! We encourage you to continue sending us articles, we will publish them with pleasure.

We also do not want to forget those of you who collaborate in the distribution of the bulletin allowing it to reach, beyond the seas, countries like Argentina and other Spanish-speaking countries and even to our Portuguese brothers.

Mercedes Montoya